

Heart of Repentance

Prayer Sheet

John 3:16 (ESV) *For God so loved the world that He gave His only son, that whoever believes in Him should not perish but have everlasting life.*

Thanksgiving: Thank Jesus that through repentance we can draw nearer to Him. Ask Jesus to bring to mind a time when you made a mistake or had a struggle, but your heart was set on Jesus, so you worked through it with genuine repentance. Then, ask Jesus how He felt about you through the process. Give praise to Jesus for His love and forgiveness.

Jeremiah 17:9-10 (ESV) ⁹ *The heart is deceitful above all things, and desperately sick; who can understand it?*
¹⁰ *"I the Lord search the heart and test the mind, to give every man according to his ways, according to the fruit of his deeds."*

Personal Reflection: Are you willing to let Jesus examine your heart motives right now? Do you give Him full permission to show you things about your heart and motives that you may not have seen before?

Psalms 139:23-24 (ESV) ²³ *Search me, O God, and know my heart! Try me and know my thoughts!* ²⁴ *And see if there be any grievous way in me, and lead me in the way everlasting!*

Listening Prayer: Ask Jesus to speak to you about your willingness to get rid of sin (anything that stands in the way of your relationship with Him) in your life. Ask Him to speak to you about specific areas, for example, purity, greed/materialism, telling the truth, integrity, obedience, submission, seeking His will, gossip, etc.

Matthew 5:3 (NLT) *God blesses those who are poor and realize their need for him, for the Kingdom of Heaven is theirs.*

Godly repentance comes from our need for Jesus. We will never recognize our need for God until we realize how sinful we are and how far our hearts are from Jesus.

Listening Prayer: Ask Jesus to show you where you are at on the continuum of relying totally on Him vs. relying mostly on yourself. Ask Him to speak to you about specific areas, for example, work, finances, ministry, relationships, everyday tasks, health, etc.

Listening Prayer: Ask Jesus to speak to you about the things in your life that may keep you from recognizing your need for Him. For example, entertainment, vacations, latest fashions, other comforts, your own talents/abilities, etc.

Proverbs 28:13 (ESV) *Whoever conceals his transgressions will not prosper, but he who confesses and forsakes them will obtain mercy.*

Listening Prayer: Ask Jesus to bring clarity about what He has been showing you already today. Take time to write them down in your journal or on a paper. Confess these sins, asking Jesus to forgive you. Ask Jesus to speak to you about any motives in your heart that need to be addressed. Confess any impure motives, ask Jesus to forgive you.

Matt. 16:24-26 (ESV) ²⁴ *Then Jesus told his disciples, "If anyone would come after me, let him deny himself and take up his cross and follow me. ²⁵ For whoever would save his life will lose it, but whoever loses his life for my sake will find it. ²⁶ For what will it profit a man if he gains the whole world and forfeits his soul? Or what shall a man give in return for his soul?*

Commitment Prayer: Commit to following through in obedience. Commit to the process of daily making decisions, big and small, to live for and follow Jesus. Tell Him that you desire to need Him in every area of your life. Receive His love for you in this process as you connect with Him through this process of restoration.

Thanksgiving: Thank Jesus for the intimate relationship He desires to have with you. Thank Him for His love and forgiveness.